



19<sup>th</sup> FEBRUARY 2023

# CERTIFICATE

This is to Certify That

**Rajnikant Parmar**

Successfully Completed

5 KM Run in **00:28:11**

Overall Rank

**23**

Gender Rank

**21**

Age Category Rank

**3**

**Ingit Anand**  
Race Director  
Ironman Certified Coach

**Coach Dr. Rahul**  
Founder - CYRUNS  
RRCA Certified

