



4th December 2022

CERTIFICATE

This is to Certify That
Shamsher Manhas

Successfully Completed
10KM Run in **00:49:12**

Overall
Rank

8

Gender
Rank

8

Category
Rank

2

Ironman Kapil Arora
Organizer & Race Director

Dr Rahul Sharma
RRCA Certified
Founder - CYRUNS

CYRUNS
FITNESS FOR ALL

