



**JAMMU
MARATHON**
4th December 2022

CERTIFICATE

This is to Certify That
Shamsher Manhas

Successfully Completed
10KM Run in 00:49:12

Overall
Rank

8

Gender
Rank

8

Category
Rank

2



Ironman Kapil Arora
Organizer & Race Director



Dr Rahul Sharma
RRCA Certified
Founder - CYRUNS