



19<sup>th</sup> FEBRUARY 2023

# CERTIFICATE

This is to Certify That

**Prashant Vishnu Aldar**

Successfully Completed

5 KM Run in **00:17:40**

Overall Rank

**2**

Gender Rank

**2**

Age Category Rank

**1**

**Ingit Anand**  
Race Director  
Ironman Certified Coach

**Coach Dr. Rahul**  
Founder - CYRUNS  
RRCA Certified

Supported By	Prize Partner	Medical Partner	Running Partner	Energy Partner	Supported By	Managed By