



19th FEBRUARY 2023

CERTIFICATE

This is to Certify That

Prashant Vishnu Aldar

Successfully Completed

5 KM Run in **00:17:40**

Overall Rank

2

Gender Rank

2

Age Category Rank

1

Ingit Anand
Race Director
Ironman Certified Coach

Coach Dr. Rahul
Founder - CYRUNS
RRCA Certified

